



### 1. SHABBAT T'FILAH (Shabbat Prayer)

Vay'hi erev vay'hi boker yom hashishi  
vay'khulu hashamayim v'ha'aretz v'khol tz'va'am  
vay'khal elohim bayom hash'vi'i m'la'kh'to asher asah  
vayish'bot bayom hash'vi'i mikol m'la'kh'to asher asah  
Vay'varekh Elohim et yom hash'vi'i vay'kadeish oto  
ki vo shavat mikol m'la'kh'to asher bara Elohim la'asot

And there was evening and there was morning, a sixth day  
The heavens and the earth were finished, the whole host of them  
And on the seventh day God completed his work that he had done  
and he rested on the seventh day from all his work that he had done  
And God blessed the seventh day, and sanctified it  
because in it he rested from all His work that God had created to do

### 2. OPENING BRACHAH (Blessing)

Baruch atah Adonai Eloheinu, Melech ha-olam  
Ahser kid'shanu b'mitz'votav v'ratzah banu  
v'shabat kad'sho b'ahavah uveratzon hin'chilanu zikaron l'ma'aseih bereshit  
ki ho yom t'chilah l'mik'ra'ei kodesh zecher litzi'at Mitz'rayim  
ki banu bachar'ta v'otanu kidash'ta mikol ha'amim  
v'shabat kad'sh'kha b'ahavah uveratzon hin'chal'tanu  
Baruch atah Adonai m'kadeish hashabat (Amen)

Blessed are You, Lord, our God, King of the universe  
who sanctifies us with His commandments, and has been pleased with us  
You have lovingly and willingly given us your Holy Shabbat as an inheritance, in memory of creation  
because it is the first day of our holy assemblies, in memory of the Exodus from Egypt  
because You have chosen us and made us holy from all peoples  
and have willingly and lovingly given us Your holy Shabbat for an inheritance  
Blessed are You, who sanctifies Shabbat (Amen)

### 3. Reading of the 10 commandments

### 4. Shema

**5. Torah Scroll procession** (always face the Torah Scroll, never turning your back on it)

~ Words to the song being played during this time:

|                                  |   |
|----------------------------------|---|
| Hinei ha Torah, asher sam Moshe  | Behold the Torah, which Moshe put forth |
| Hinei ha Torah, D'var Adonai     | Behold the Torah, the Word of God       |
| Yesh lanu Torah, Asher san Moshe | We have Torah, which moshe put forth    |
| Yesh lanu Torah, D'var Adonai    | We have Torah, the Word of God          |
| CHORUS:                          |   |
| Hinei ha Torah, Hineh Yeshua     | Behold the Torah, Behold Yeshua         |
| Hinei hu ba, d'var Chaim         | Behold He comes, the Word of Life       |
| Hinei huba                       | Behold He comes                         |

**5. The Torah is held up and the following is said:**

V'zote haTorah asher sam Moshe liefnei b'nei Y'israel ahl pee Adonai b'yahd Mosheh.

And this is the Torah that Moshe placed before the Sons of Israel, at the command of the Lord, through Moshe's hand. (*Leviticus 26:46*)

**6. OPENING TORAH BLESSING**

|   |  |
|---|--|
| Leader: Barchu et Adonai ha'mvorach             | Bless the Lord the blessed One.                        |
| Response: Baruch Adonai ha'mvorach l'ohlam vaed | Blessed is the Lord, the blessed One, for all eternity |
| Leader: Baruch Adonai ha'mvorach l'ohlam vaed   | Blessed is the Lord, the blessed One, for all eternity |
| Baruch atah Adonai, Eloheinu melech ha'olam,    | Blessed are You O Lord our God, king of the Universe   |
| asher bachar banu mikkol ha'amim,               | Who has chosen us from all peoples                     |
| v'natan lanu et Torato,                         | and given us His Torah,                                |
| baruch atah Adonai, notein haTorah              | blessed are You O Lord, Giver of the Torah             |

**7. Part of the Torah portion is read in Hebrew & English**

**8. CLOSING TORAH BLESSING**

Baruch atah Adonai, eloheinu melech haolam, asher natan lanu torat emet, v'chaiyei olam nata b'tocheinu, baruch atah Adonai, notein haTorah.

Blessed are You O Lord our God, King of the Universe, who has given us a Torah of truth, and has planted eternal life in our midst, blessed are You O Lord, Giver of the Torah.

**9. TORAH STUDY BLESSING**

Baruch ata Adonai, Eloheinu melech haolam, asher kid'shanu bemitzvotav vetzivanu la'asok b'divrei torah.

Blessed are You, Adonai, King of the universe, who calls us to holiness through mitzvot, commanding us to engage in the study of Torah.